

Grote Prijs MZK 2026: Session: 1: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 17:30 untill 18:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Cock Jana HEADCOACH

Coaches: Herreman Kurt

Coaches: Van Es Robynn

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:1, starttime: 18:30
Heat: 1/3 Lane : 4 Athlete: TACQ ELLIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	
		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 18:31
Heat: 2/3 Lane : 4 Athlete: LAGACIE RENEE			Q-time: 00:44:33
PB (25m pool): 00:44.33 Menen 01/06/2025			PB (50m pool): 00:42.79 SB: no time
PB	2 5 M	5 0 M	
		00:44.33	
	00:44.33		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MIXED 10-9			Heat:2, starttime: 18:31
Heat: 2/3 Lane : 7 Athlete: RAMON NOORE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:45.45 SB: no time
PB	2 5 M	5 0 M	
		no time	
	no time		
			

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:37
Heat: 3/8 Lane : 2 Athlete: HEYTENS JORIEN			Q-time: 00:37:58
PB (25m pool): 00:37.58 Menen 01/06/2025			PB (50m pool): 00:36.43 SB: no time
	2 5 M	5 0 M	
PB		00:37.58	
	00:37.58		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:37
Heat: 3/8 Lane : 3 Athlete: BOLLAERT AMÉLIE			Q-time: 00:36:25
PB (25m pool): 00:36.25 Menen 01/06/2025			PB (50m pool): 00:32.59 SB: no time
	2 5 M	5 0 M	
PB		00:36.25	
	00:36.25		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:37
Heat: 3/8 Lane : 5 Athlete: BEKAERT LAURA			Q-time: 00:36:22
PB (25m pool): 00:36.22 Meulebeke 19/04/2026			PB (50m pool): 00:36.74 SB: 00:36.22 Meulebeke 19/04/2026
	2 5 M	5 0 M	
PB		00:36.22	
	00:36.22		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:37
Heat: 3/8 Lane : 6 Athlete: DEFEVER AUWKE			Q-time: 00:36:71
PB (25m pool): 00:36.71 Meulebeke 19/04/2026			PB (50m pool): 00:38.88 SB: 00:36.71 Meulebeke 19/04/2026
	2 5 M	5 0 M	
PB		00:36.71	
	00:36.71		
			

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:37
Heat: 3/8 Lane : 7 Athlete: TACK CATALEYA			Q-time: 00:38:15
PB (25m pool): 00:38.15 Menen 01/06/2025			PB (50m pool): 00:36.56 SB: no time
	2 5 M	5 0 M	
PB		00:38.15	
	00:38.15		
			

Coach feedback:

Event number: 3: 50M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 18:45
Heat: 2/3 Lane : 2 Athlete: RAMON NOORE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:58.25 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 18:45
Heat: 2/3 Lane : 5 Athlete: LAGACIE RENEE			Q-time: 01:00:17
PB (25m pool): 01:00.17 Menen 01/06/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		01:00.17	
	01:00.17		
			

Coach feedback:

Event number: 3: 50M BREASTSTROKE MIXED 10-9			Heat:2, starttime: 18:45
Heat: 2/3 Lane : 7 Athlete: TACQ ELLIS			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 00:52.59 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11+			Heat:2, starttime: 18:50
Heat: 2/9 Lane : 3 Athlete: CLAEYS JONA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11+			Heat:2, starttime: 18:50
Heat: 2/9 Lane : 5 Athlete: MAES JASPER			Q-time: 99:99:99
PB (25m pool): 00:36.28 Waregem 28/09/2024			PB (50m pool): 00:32.17 SB: no time
	2 5 M	5 0 M	
PB		00:36.28	
	00:36.28		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11+			Heat:4, starttime: 18:52
Heat: 4/9 Lane : 5 Athlete: LAGACIE THIBAUT			Q-time: 00:35:48
PB (25m pool): 00:35.48 Meulebeke 19/04/2026			PB (50m pool): no time SB: 00:35.48 Meulebeke 19/04/2026
	2 5 M	5 0 M	
PB		00:35.48	
	00:35.48		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11+			Heat:5, starttime: 18:54
Heat: 5/9 Lane : 2 Athlete: VANHEE TIBE			Q-time: 00:34:28
PB (25m pool): 00:34.28 Menen 01/06/2025			PB (50m pool): 00:33.97 SB: no time
	2 5 M	5 0 M	
PB		00:34.28	
	00:34.28		
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11+							Heat:7, starttime: 18:56		
Heat: 7/9 Lane : 8 Athlete: STRYNCKX DAAN							Q-time: 00:30:80		
PB (25m pool): 00:30.80 Meulebeke 19/04/2026							PB (50m pool): 00:31.55 SB: 00:30.80 Meulebeke 19/04/2026		
	2 5 M		5 0 M						
PB			00:30.80						
	00:30.80								
									

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 19:29	
Heat: 1/8 Lane : 4 Athlete: BEKAERT LAURA					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 19:34	
Heat: 3/8 Lane : 1 Athlete: DEFEVER AUWKE					Q-time: 01:36:69	
PB (25m pool): 01:36.69 Menen 01/06/2025					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		01:36.69		
	no time					
						

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:3, starttime: 19:34	
Heat: 3/8 Lane : 8 Athlete: HEYTENS JORIEN					Q-time: 01:38:57	
PB (25m pool): 01:38.57 Menen 01/06/2025					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		01:38.57		
	no time					
						

Coach feedback:

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Event number: 5: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 19:36
Heat: 4/8 Lane : 1 Athlete: BOLLAERT AMÉLIE					Q-time: 01:29:59
PB (25m pool): 01:29.59 Menen 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.59	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 19:36
Heat: 4/8 Lane : 7 Athlete: TACK CATALEYA					Q-time: 01:29:41
PB (25m pool): 01:29.41 Diksmuide 08/02/2026					PB (50m pool): no time SB: 01:29.41 Diksmuide 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.82		01:29.41	
	00:40.82 00:48.59				
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:2, starttime: 19:48
Heat: 2/9 Lane : 8 Athlete: MAES JASPER					Q-time: 99:99:99
PB (25m pool): 01:34.85 Waregem 28/09/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.85	
	no time				
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:3, starttime: 19:51
Heat: 3/9 Lane : 1 Athlete: CLAEYS JONA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 6: 100M MEDLEY MEN 11+					Heat:3, starttime: 19:51
Heat: 3/9 Lane : 2 Athlete: LAGACIE THIBAUT					Q-time: 01:45:84
PB (25m pool): 01:45.84 LAGO Zwevegem 09/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.18		01:45.84	
	00:48.18		00:57.66		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:5, starttime: 19:55
Heat: 5/9 Lane : 2 Athlete: VANHEE TIBE					Q-time: 01:28:79
PB (25m pool): 01:28.79 Menen 01/06/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.79	
	no time				
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:7, starttime: 19:59
Heat: 7/9 Lane : 7 Athlete: STRYNCKX DAAN					Q-time: 01:20:05
PB (25m pool): 01:20.05 Diksmuide 08/02/2026					PB (50m pool): no time SB: 01:20.05 Diksmuide 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.31		01:20.05	
	00:37.31		00:42.74		
					

Coach feedback: